Elijah: From Drought to Downpour

S2E2 “Somewhere to Run, Somewhere to Hide”

1 Kings 19:8–13

8 And he arose and ate and drank, and went in the strength of that food forty days and
forty nights to Horeb, the mount of God. **9** There he came to a cave and lodged in it.
And behold, the word of the Lord came to him, and he said to him, “What are you doing
here, Elijah?” **10** He said, “I have been very jealous for the Lord, the God of hosts. For
the people of Israel have forsaken your covenant, thrown down your altars, and killed
your prophets with the sword, and I, even I only, am left, and they seek my life, to take it
away.” **11** And he said, “Go out and stand on the mount before the Lord.” And behold,
the Lord passed by, and a great and strong wind tore the mountains and broke in
pieces the rocks before the Lord, but the Lord was not in the wind. And after the wind
an earthquake, but the Lord was not in the earthquake. **12** And after the earthquake a
fire, but the Lord was not in the fire. And after the fire the sound of a low whisper.

Big Idea: The places you dwell in large part shape the person you become. Location Influences Formation.

Key Word: **Dwell**

1. Elijah lost his strength and courage, but never his way. — Elijah was discouraged, but he continued move towards God

Sometimes the most spiritual thing you can do is get somewhere safe.

- **He went to Judah—a place with safe borders. 1 Kings 19: 3-4** Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. **4** But he himself went on a day's journey into the wilderness and came and sat down under a broom tree.
- He slept and ate the food God provided. **Vs. 8**
    - He went in the strength of that food forty days and forty nights.

        - **John 6:35—** Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.
- He traveled to Horeb and lodged in a cave on the mountain of God.

Key events connected to Moses at Horeb known as Mt. Sinai:

- **The burning bush:** “Moses came to Horeb, the mountain of God” (**Exodus 3:1–2**).
- **God gave Israel the covenant and Ten Commandments: Exodus 19–20; Deuteronomy 5:2**.
- **Moses struck the rock, and water came out: Exodus 17:6**.
- **Moses was sheltered in the cleft of the rock as God’s glory passed by: Exodus 33:21–23**.
    - Exodus 33:21-22 And the LORD said, “Behold, there is a place by me where you shall stand on the rock, 22 and while my glory passes by I will put you in a cleft of the rock, and I will cover you with my hand until I have passed by.
        - Both Elijah and Moses were archetypes and precursors to Jesus.
        - Mark 9:4 And there appeared to them Elijah with Moses, and they were talking with Jesus.

Practical Takeaway: This week, change your geography and place yourself more often in the places that God dwells.

Small Group Discussion Questions:

1. When you feel discouraged, what usually moves you closer to God—and what tends to pull you away?
2. Elijah rested and received the food God provided. What might God be providing for you that you need to receive?
3. What are you currently relying on to sustain you? Is it truly strengthening you or merely distracting you?
4. How are your surroundings, relationships, and routines shaping your spiritual health?
5. Where might God be inviting you to become quiet enough to hear His voice?